

WHAT IS CLAIMED IS:

1. A life habit improvement assisting system, comprising:
 - a first physical-information obtaining device which iteratively obtains a plurality of first sets of physical information from a first patient;
 - a plurality of second physical-information obtaining devices each of which iteratively obtains a plurality of second sets of physical information from a corresponding one of a plurality of second patients;
 - a server apparatus including (a) a memory device which stores the first sets of physical information obtained from the first patient by the first physical-information obtaining device, and the second sets of physical information obtained from each of the second patients by a corresponding one of the second physical-information obtaining devices, such that the first sets of physical information are associated with the first patient and the second sets of physical information is associated with said each of the second patients, and (b) a first sending means for selecting, from the second sets of physical information stored for said each of the second patients by the memory device, a plurality of second sets of physical information obtained from at least one second patient after a prescribed past time point, when a second set of physical information obtained from said at least one second patient at the prescribed past time point falls within a first range determined based on a first set of physical information obtained from the first patient at the prescribed past time point, and when a second prescribed target value corresponding to the second set of physical information obtained at the prescribed past time point falls within a second range determined based on a first prescribed target value corresponding to the first set of physical information obtained at the prescribed past time point,

and sending the selected second sets of physical information obtained after the prescribed past time point; and

a first patient's terminal device including (c) a first receiving means for receiving, from the sending means of the server apparatus, said selected second sets of physical information obtained after the prescribed past time point, and (d) a first output device which outputs, for the first patient, a plurality of first sets of physical information obtained from the first patient after the prescribed past time point and said selected second sets of physical information obtained from said at least one second patient after the prescribed past time point, such that a first time-wise change of the outputted first sets of physical information and a second time-wise change of the outputted second sets of physical information are comparable with each other.

2. The system according to claim 1, further comprising at least one second patient's terminal device corresponding to said at least one second patient, wherein the server apparatus further comprises a second sending means for sending the first sets of physical information obtained from the first patient after the prescribed past time point, and stored by the memory device, to said at least one second patient's terminal device, and wherein said at least one second patient's terminal device comprises (e) a second receiving means for receiving the first sets of physical information obtained after the prescribed past time point, and sent from the second sending means, and (f) a second output device which outputs, for said at least one second patient, the first sets of physical information obtained from the first patient after the prescribed past time point, and received by the second receiving means, and the second sets of physical information

obtained from said at least one second patient after the prescribed past time point, and selected by the first sending means, such that the first time-wise change of the outputted first sets of physical information and the second time-wise change of the outputted second sets of physical information are comparable with each other.

3. A server apparatus for use in a life habit improvement assisting system, the apparatus comprising:

a memory device which stores a plurality of first sets of physical information iteratively obtained from a first patient by a first physical-information obtaining device and iteratively sent from the first physical-information obtaining device, and a plurality of second sets of physical information iteratively obtained from each of a plurality of second patients by a corresponding one of a plurality of second physical-information obtaining devices and iteratively sent from said one second physical-information obtaining device; and

a sending means for selecting, from the second sets of physical information stored for said each of the second patients by the memory device, a plurality of second sets of physical information obtained from at least one second patient after a prescribed past time point, when a second set of physical information obtained from said at least one second patient at the prescribed past time point falls within a first range determined based on a first set of physical information obtained from the first patient at the prescribed past time point, and when a second prescribed target value corresponding to the second set of physical information obtained at the prescribed past time point falls within a second range determined based on a first prescribed target value corresponding to the first set of physical

information obtained at the prescribed past time point, and sending the selected second sets of physical information obtained after the prescribed past time point, and a plurality of first sets of physical information obtained from the first patient after the prescribed past time point, and stored by the memory device, to an output device which outputs, for the first patient, the second sets of physical information obtained after the prescribed past time point, and the first sets of physical information obtained after the prescribed past time point, such that the outputted first sets of physical information and the outputted second sets of physical information are comparable with each other.

4. The apparatus according to claim 3, wherein the sending means selects, from the second sets of physical information stored for said each of the second patients by the memory device, a plurality of second sets of physical information obtained from each of a plurality of second patients after the prescribed past time point, and sends the selected second sets of physical information obtained from said each of the second patients after the prescribed past time point.

5. An output control program for use in a life habit improvement assisting system, the program comprising:

a physical-information receiving means for receiving, via a communication line, a plurality of first sets of physical information iteratively obtained from a first patient after a prescribed past time point, and a plurality of second sets of physical information iteratively obtained from at least one second patient after the prescribed past time point, when a second set of physical information obtained from said at least one second

patient at the prescribed past time point falls within a first range determined based on a first set of physical information obtained from the first patient at the prescribed past time point, and when a second prescribed target value corresponding to the second set of physical information obtained at the prescribed past time point falls within a second range determined based on a first prescribed target value corresponding to the first set of physical information obtained at the prescribed past time point, and

an output control means for operating an output device to output the first and second sets of physical information obtained after the prescribed past time point, and received by the receiving means, such that a first time-wise change of the outputted first sets of physical information and a second time-wise change of the outputted second sets of physical information are comparable with each other.

6. A life habit improvement assisting system, comprising:

a first physical-information obtaining device which iteratively obtains a plurality of first sets of physical information from a first patient;

a plurality of second physical-information obtaining devices each of which iteratively obtains a plurality of second sets of physical information from a corresponding one of a plurality of second patients;

a server apparatus including (a) a memory device which stores the first sets of physical information obtained from the first patient by the first physical-information obtaining device, and the second sets of physical information obtained from each of the second patients by a corresponding one of the second physical-information obtaining devices, such that the first sets of physical information are associated with the first patient and the

second sets of physical information is associated with said each of the second patients, and (b) a first sending device which selects, from the second sets of physical information stored for said each of the second patients by the memory device, a plurality of second sets of physical information obtained from at least one second patient after a prescribed past time point, when a second set of physical information obtained from said at least one second patient at the prescribed past time point falls within a first range determined based on a first set of physical information obtained from the first patient at the prescribed past time point, and when a second prescribed target value corresponding to the second set of physical information obtained at the prescribed past time point falls within a second range determined based on a first prescribed target value corresponding to the first set of physical information obtained at the prescribed past time point, and sending the selected second sets of physical information obtained after the prescribed past time point; and

a first patient's terminal device including (c) a first receiving device which receives, from the sending device of the server apparatus, said selected second sets of physical information obtained after the prescribed past time point, and (d) a first output device which outputs, for the first patient, a plurality of first sets of physical information obtained from the first patient after the prescribed past time point and said selected second sets of physical information obtained from said at least one second patient after the prescribed past time point, such that a first time-wise change of the outputted first sets of physical information and a second time-wise change of the outputted second sets of physical information are comparable with each other.

7. The system according to claim 6, further comprising at least one second patient's terminal device corresponding to said at least one second patient, wherein the server apparatus further comprises a second sending device which sends the first sets of physical information obtained from the first patient after the prescribed past time point, and stored by the memory device, to said at least one second patient's terminal device, and wherein said at least one second patient's terminal device comprises (e) a second receiving device which receives the first sets of physical information obtained after the prescribed past time point, and sent from the second sending device, and (f) a second output device which outputs, for said at least one second patient, the first sets of physical information obtained from the first patient after the prescribed past time point, and received by the second receiving device, and the second sets of physical information obtained from said at least one second patient after the prescribed past time point, and selected by the first sending device, such that the first time-wise change of the outputted first sets of physical information and the second time-wise change of the outputted second sets of physical information are comparable with each other.

8. A server apparatus for use in a life habit improvement assisting system, the apparatus comprising:

a memory device which stores a plurality of first sets of physical information iteratively obtained from a first patient by a first physical-information obtaining device and iteratively sent from the first physical-information obtaining device, and a plurality of second sets of physical information iteratively obtained from each of a plurality of second patients by a corresponding one of a plurality of second physical-information

obtaining devices and iteratively sent from said one second physical-information obtaining device; and

a sending device which selects, from the second sets of physical information stored for said each of the second patients by the memory device, a plurality of second sets of physical information obtained from at least one second patient after a prescribed past time point, when a second set of physical information obtained from said at least one second patient at the prescribed past time point falls within a first range determined based on a first set of physical information obtained from the first patient at the prescribed past time point, and when a second prescribed target value corresponding to the second set of physical information obtained at the prescribed past time point falls within a second range determined based on a first prescribed target value corresponding to the first set of physical information obtained at the prescribed past time point, and sending the selected second sets of physical information obtained after the prescribed past time point, and a plurality of first sets of physical information obtained from the first patient after the prescribed past time point, and stored by the memory device, to an output device which outputs, for the first patient, the second sets of physical information obtained after the prescribed past time point, and the first sets of physical information obtained after the prescribed past time point, such that the outputted first sets of physical information and the outputted second sets of physical information are comparable with each other.

9. The apparatus according to claim 8, wherein the sending device selects, from the second sets of physical information stored for said each of the second patients by the memory device, a plurality of second sets

of physical information obtained from each of a plurality of second patients after the prescribed past time point, and sends the selected second sets of physical information obtained from said each of the second patients after the prescribed past time point.

10. An output control program for use in a life habit improvement assisting system, the program comprising the steps of:

receiving, via a communication line, a plurality of first sets of physical information iteratively obtained from a first patient after a prescribed past time point, and a plurality of second sets of physical information iteratively obtained from at least one second patient after the prescribed past time point, when a second set of physical information obtained from said at least one second patient at the prescribed past time point falls within a first range determined based on a first set of physical information obtained from the first patient at the prescribed past time point, and when a second prescribed target value corresponding to the second set of physical information obtained at the prescribed past time point falls within a second range determined based on a first prescribed target value corresponding to the first set of physical information obtained at the prescribed past time point, and

outputting the received first and second sets of physical information obtained after the prescribed past time point, such that a first time-wise change of the outputted first sets of physical information and a second time-wise change of the outputted second sets of physical information are comparable with each other.

11. A recording medium for recording the output control

program according to claim 10.